

Sun Safety

Playgroup follows the City of Edinburgh Council's guidance on sun safety for young children in day care services, to protect children from the damage of too much sun/UV rays.

Between March and October each year, we will monitor ultraviolet (UV) levels daily in session; and reapply when necessary and in line with session hours.

Families and carers can provide their own sunscreen in line with their child's needs, to be stored at Playgroup, supplied with consent for use. We will work with families and carers closely for children who have sensitive skin needs.

Families and carers will be issued with guidance for awareness on sun safety to safeguard children, including: sun cream type and strength of SPF; clothing; shade and hydration; monitoring UV levels, as well as NHS guidance:

<https://www.nhs.uk/live-well/seasonal-health/sunscreen-and-sun-safety/>

Sun cream should be checked for: in-date; original bottle/ packaging, with information leaflet if relevant; tested on a child at home at least 24 hours before bringing it to Playgroup, and with no reaction.

Sun cream will be provided by Playgroup where necessary for families and carers. Water is available to children at all times during session.

Additional sun safety guidance can be reference don the Skcin charity:
<https://www.skcin.org/skin-cancer-prevention/safeguarding-children/>

Created by:
Louise Gourmelen, Manager
March 2026



**Holy Corner
Community Playgroup**