

# Anti-Bullying

We are committed to a safe and healthy environment for all in Playgroup.

Bullying may be physical or emotional, verbal or psychological. It is behaviour that impacts on a person's capacity to feel in control. It makes people feel hurt, frightened and left out. The behaviour may not be repeated but the threat can be sustained. It can arise from prejudice, based on the attempt to enforce a single social norm.

Any form of bullying in the Playgroup is unacceptable. Children, staff, and families and carers must be protected from it. Children have the right to play and education, free from harm, in line with the [United Nations Convention on the Rights of the Child](#) and the [UNCRC \(Incorporation\) \(Scotland\) Act 2024](#).

Staff should work in partnership with each other, with children, and with families and carers to reduce the likelihood and impact of bullying.

Participation in the Playgroup, and communication between these parties, should ensure that everyone knows what is unacceptable, and that bullying will not be allowed to continue unchallenged. Children should be supported to know who to go to for help. All adults in the setting have the duty to listen and act when a child needs help with bullying.

If the Playgroup needs help to support children's wellbeing, then other agencies will be contacted for support.

The government provides further guidance in:

“Respect for All: The National Approach to Anti-Bullying for Scotland's Children and Young People”

<https://www.gov.scot/publications/respect-national-approach-anti-bullying-scotlands-children-young-people/>

And for supporting young children in [Realising the Ambition: being Me](#)

Further information for parents can be found at:

<https://www.respectme.org.uk/parents-childrens-rights/>

