

# Wellbeing

The GIRFEC National Practice Model sets out a shared framework , approach and language for assessing children and young people’s wellbeing needs.

Under “Getting It Right For Every Child” (GIRFEC) we are obliged to communicate our concerns about the wellbeing of any child with whom we come into contact, in line with national GIRFEC guidance:

<https://www.gov.scot/policies/girfec/>. We are obliged to seek multi-agency support where necessary, and to work together to bring about positive outcomes for all children so they can reach their full potential.

If we have wellbeing concerns about a child we use the GIRFEC National Practice Model and the SHANARRI wellbeing indicators to record our concerns. The acronym **SHANARRI** is formed from the eight indicators of the wheel of wellbeing:



**S**afe  
**H**ealthy  
**A**chieving  
**N**urtured  
**A**ctive  
**R**espected  
**R**esponsible  
**I**ncluded

Above: SHANARRI wheel of wellbeing. Reference:

<https://www.gov.scot/publications/child-adolescent-health-wellbeing-scotland-evidence-review/> [accessed 23/05.23)

Our first contact if we have wellbeing concerns about a child are the family. Wellbeing interventions are made in partnership and with consent. Our second contact is the named person, usually the health visitor, who will seek to represent the child’s best interests to the involved agencies and prevent the marginalisation of the child within the process.

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